

## HUNTINGDONSHIRE HEALTH & WELL-BEING PARTNERSHIP

### Frequency of meetings during the year:

The Huntingdonshire LHP has met on 4 occasions in 2012-13: 11 April 2012, 20 June 2012, 17 October 2012 and 16 January 2013.

### Issues/actions:

The April meeting received: an update on the progress of the Falls Prevention Task and Finish Group; a report on the work of the Ageing Well Project; a presentation on mental well-being programmes currently being delivered in the Huntingdonshire area (to clarify future actions for inclusion in the Huntingdonshire Health and Well-Being Action Plan 2012-2013 - It was agreed that mental well-being would be considered again at the Group's October meeting); and an update on the draft county-wide Alcohol Strategy (it was felt a section on Primary-prevention and intervention was also required; Ms Bendon undertook to feed the Group's comments back to the commissioning group.). The Group's terms of reference and membership were evaluated and progress against targets and key initiatives outlined in the Huntingdonshire Health and Well-Being Action Plan 2011/12 was reviewed.

The June meeting received: an evaluation of the Warmer Homes Healthy People Project in Huntingdonshire; an overview of homelessness in Huntingdonshire; information on the Diversity Peer Challenge; a breakdown of the National Childhood Measurement Programme results; the Shadow Health and Well-Being Board's draft Health and Well-Being Strategy for Cambridgeshire; and an update on 'Care & Repair' and 'Safer Homes' in Huntingdonshire. The group also reviewed progress against targets and key initiatives outlined in the Huntingdonshire Health and Well-Being Action Plan.

The October meeting received: an outline of activities provided by HDC that contributed to falls prevention (it was noted falls prevention had been on the agenda for a while and it was agreed that a task & finish group be established to consider/test the pathway for service provision and test the elements of an integrated service.); an introduction to the Community Navigators Scheme; notification of intention to bid to the Healthy Homes Winter 2012/13 project; and details of the response to the feedback provided on the draft Cambs. Health & Wellbeing Strategy 2012-17. The group also reviewed progress against targets and key initiatives outlined in the Huntingdonshire Health and Well-Being Action Plan.

The January meeting received: an update on the 'Think Right' programme in Huntingdonshire and discussed what more partner organisations can do to reduce the stigma and discrimination which people with mental health challenges can face; an update on housing benefit changes and the potential impact on Huntingdonshire; an update on the Cambridgeshire Alcohol Strategy and Action Plan; a verbal update on progress in implementing the Community Navigator Programme in Huntingdonshire; a report on teenage conceptions in the Huntingdon-North ward (when it was decided that further investment on behavioural change initiatives should be suspended pending research into the barriers to change); an update on the work of the 'Falls prevention: task and finish group'; and a report on the priorities of a "Huntingdon [sic] Health Improvement Action Group".

The priorities in the Huntingdonshire Health and Well-Being action plan have been consistent during the year. The plan will be refreshed at the meeting on 24 April 2013 and that updating process will have regard to both the actions arising from the Health and Well-Being Strategy for Cambridgeshire 2012-17 and those arising from the Huntingdonshire Matters conference that has particularly highlighted the needs of Older People as a future area of consideration. The priorities as of February 2013 were:

1. **Appropriate culture and leisure opportunities**
  - a. Develop culture & leisure opportunities  
*Contribute to an increase in physical activity in Huntingdonshire - All leisure centres to host, assist and promote local clubs that participate on their site (including Day Rehabilitation in Ramsey).*
  - b. Provide accessible opportunities – things to do, particularly Children and Young People and those with disabilities

*Support and provide a range of accessible opportunities to increase participation in sport and physical activity by targeted groups including vulnerable and disadvantaged people.*

**2. Reduced health inequalities**

- a. *Narrow the gap of inequalities between areas in the district  
Occupational Therapy Working Group is to maintain the length of waiting times for assessment in Huntingdonshire to achieve equity with other districts within the county.*

**3. Individuals choose healthy lifestyles**

- a. Reduce the number of adults who continue to smoke  
*Continue to increase the numbers of adults in Hunts who quit smoking at 4 weeks, focussing specifically on those living in areas of deprivation where % of people smoking are higher*
- b. Reduce the number of young people who continue to smoke  
*Provide non-smoking peer mentors in 1 x Huntingdon school through the KICK ASH project,*
- c. Tackle obesity – improve nutrition and physical exercise in children and adults  
*Deliver the Community Health Improvement Programme offering intensive support to enable adults who are overweight and obese to improve levels of healthy eating and physical activity  
Deliver the child weight management programme ENERGIZE to children who are overweight and obese – and to their families. There have been two programmes running in Hunts over the past year.*
- d. Improve sexual health by reducing rates of Chlamydia  
*Increase the number of 15 - 24 year old persons screened or tested for Chlamydia*
- e. Promote mental health well being  
*Increase the number of employers in Huntingdonshire to adopt the Mindful Employer status which will be supported by the Cambridgeshire Mindful Employer Network.  
Strive to have fewer people experience stigma and discrimination (Objective 6 “No Health Without Mental Health” cross government mental health outcomes strategy.)*
- f. Reduce teenage conceptions.  
*Reduce the number of under-18 conceptions in Huntingdon- North ward*

**4. Increased opportunities for vulnerable people to live independently**

- a. Promote the independence of older people  
*Seek to prevent falls by providing the Right Start programme to help vulnerable and disadvantaged people to live independently by reducing the risk of disabling injury by keeping older people active and reducing the risk of falls  
Seek to prevent falls by working with the re-ablement service (CCC Social Care to facilitate appropriate referrals)  
Seek to improve falls prevention services/pathways by identifying gaps in referral pathways/services and referring to commissioners  
Work in partnership with housing/health/social care partners to enable new extra care schemes. Bidding for capital/revenue funding where appropriate  
Work in partnership with Age UK to provide a Handyman Scheme for Older people in Huntingdonshire  
Initiate a task and finish group to report to the Cambs Healthy & Well Being Board about funding identified and commissioning models appropriate to sustain a Safer Home Scheme beyond 31/03/2013 (report 16/4/2013)  
Start a Community Navigator’s project in Huntingdonshire (as part of Cambridgeshire programme)  
Start a good neighbour scheme in Huntingdonshire*
- b. Identify local health needs for vulnerable/older people to live independently and provide information to commissioners  
*HHWbG as the LHP will actively seek to identify local needs and assist the Huntingdonshire LCGs to exercise informed role in health commissioning processes*